

Spring Newsletter

2020



3H Helping Hands
for Holidays

Holidays for Disabled People
Respite for Carers

Since our Christmas Newsletter life has been turned upside down for us all. The future of many charities, including 3H, is now uncertain due to the current situation with Covid-19. Several of our fundraising avenues are now closed, particularly our 2020 events which have been cancelled or postponed. The uncertainty of life with recent events is very worrying and stressful for all of us especially those with disabilities.

Our 45th Anniversary Celebrations!



As we were established in 1975 we had great plans to celebrate our 45th Anniversary. Unfortunately we will need to postpone this until 2021 but we can assure you the celebrations will be just as good, and we look forward to everyone getting involved.



We have helped hundreds of people with disabilities to have a holiday over the years and we know from experience and feedback how important these breaks are. They offer an opportunity for families and carers to have a period of respite and a change of scenery. As we spring forward into Summer here at 3H we are more determined than ever that we are able to support those most vulnerable through disability to recover, heal, thrive and refresh as soon as the situation allows.

Want to Help us Fundraise From Home?

Amazon Smile will donate a percentage of eligible purchases to us. Visit: smile.amazon.co.uk (no need to set up another account if you already have one it's simple to link).



Easyfundraising (the UK's biggest charity shopping site) Visit: www.easyfundraising.org.uk Raise donations for us when you shop online at retailers such as Argos, M&S, eBay, John Lewis and many more.



Ziffit Virgin Money Giving have teamed up with Ziffit.com who turn unwanted items into donations. With lockdown still in place, you can clear some space at home and get rid of unwanted CDs, DVDs or Games. They will value your items and the cash made can be donated directly to your fundraising page. It's FREE and easy to set up and there's no need to leave the house as Ziffit will collect your unwanted items (while observing social distancing measures).



FOLLOW US @3HFUND



B2 Speldhurst Business Park,
Langton Road,
Tunbridge Wells, Kent. TN3 0AQ
www.3hfund.org.uk
Registered Charity No: 286306

From the 3H Family to
your family keep safe
and stay well.